

The Conversation Continues

with

Lisa Goodwin

International Yoga Trainer • Life Coach • Inspirational Speaker

7:00 -8:30pm on Tuesday Nights
May 8th • June 5th

FREE

Group Life Coaching Session

George English Park

Recreation Center
1101 Bayview Drive
Fort Lauderdale, FL 33304

On Bayview Drive, 2 blocks north of the Galleria Mall
Park North of the basketball courts

Register & Info at:
Info@lisagoodwinyoga.com

Lisa will be sharing
simple solutions to
create the life
you love!

Accepting donations for:



I know I am
not seeing
things as
they are.
I am seeing
things as
I am.

-Laurel Lee

